



You're invited to this free virtual event

Hinge Health 101: Digital Physical Therapy for Pain Relief

**February 18, 2026 |
1 PM ET/ 12 PM CT/ 10 AM PT**

You're invited to learn more about the Hinge Health program and information on how physical therapy can help improve your overall health and well-being.

- Who Hinge Health helps
- How we treat pain
- What to expect



Scan the QR code to save your seat or visit:

hinge.health/february2026-register

This is a free virtual event. While all are welcome to join the webinar, please note that you must be enrolled in your employer's medical plan in order to participate in Hinge Health. This presentation will be recorded and a link to view will be emailed to all registered participants one day after the event concludes. Questions? Email: hello@hingehealth.com | Phone: (855) 902-2777.

Una transcripción de este seminario web estará disponible en español 2 semanas después de que concluya el evento. Para activar las transcripciones en español en Vimeo, haga clic en el botón "CC" y seleccione "Spanish/español".