

the next page.

Once you are logged into the Aetna Secure Member Website and on your Dashboard, hover over Health & Wellness and click Go to Health & Wellness



## Click on the Access Wellness link in the Stay Healthy card.

<b>tome</b> Claims Benefits Q Find Care & Pricing Prescriptions	수 🗹 🔇 English A John Smith Health & Wellness Support
Health & Wellness	
Wellness Tools	
Boost your health, save money and achieve your goals.	
Healthy Lifestyle Coaching Make lifelong changes and achieve personal goals on your path to	Stay Healthy Access your health assessment, health record and personalized health and
wellness. You'll get access to a personal wellness coach and resources	wellness programs. You can also get helpful information about
Get Started $\rightarrow$	Access Wellness I

Click Launch My Health Assessment to complete the Health Survey on the Virgin Pulse platform.

Health Dashboard for John Smith	Frequently Asked Questions My Profile Home Log Out
**k Links     Health Assessment       Online Health Programs     Take a quick questionnaire and learn more about four health Record       Personal Health Record     Launch My Health Assessment Launch My Health Assessment You lack somption your incattor absessment on Learning 5: 2024 at 12:20 at 2012	Health Activity Score       Your Health Activity Score shows your progress as you complete health tasks, Your Personal Health Record has more information about your score, 92% Complete
Online Health Programs Our online programs can guide you to improve your health or better manage a chronic condition.	Alerts & Tasks       Please be sure to discuss urgent health alerts with your doctor.       Alert
Launch My Programs Vitals Unable to retrieve results at this time.	You do not have any active alerts.       Check here for other ways to improve your health, like reminders about overdue tests.       Task     Importance       Complete your health assessment
	Would you like to lose weight?     ***       How to protect yourself from hepatitis 8     **       Have you had this recommended screening?     **       4 items     **
From the Health Dashboard you	Goals & Accomplishments       Goals     Accomplishments       Add Goal
can view the current years	We haven't received any goals from you yet. You can add and update your health goals at any time.
Incentive program and your Total earned for the completed actions here	Incentives         O           Active Incentive programs         You may be eligible to earn incentives when you participate in these programs.           Incentive Program         Total earned: \$0
	Well Child Evam -Under Age 18 Total earned: \$0

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From the Virgin Pulse dashboard, you can hover over Health and click Surveys to go to your Health Assessment Survey.

On the next screen you will see when you last completed the Health Assessment if applicable and Take or Re-take to complete it and earn an incentive!

